

Friendship Challenge Week

7th - 11th June 2021

If the past year has taught us anything, it's the importance of friendship. Having a special bond with another person is not just fun, it's also important for our wellbeing – in fact, scientists have discovered that having a good friend helps to keep our brain and our bodies healthier.

This Friendship Challenge is designed to help your class focus on the importance of friendships, and what it means to be a good friend.

Complete as many of the friendship challenges as you can this week to be in with a chance of winning some amazing prizes for your school.

Challenge One

Learn a song about friendship!

Singing together is fun and a great way to celebrate friendship. Can you learn a song that is all about friendship?



The song we learnt was

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When we are singing together we feel

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If you are able to record your song, we'd love to hear it!

Challenge Two

Learn to greet somebody in a different language!

Learning a new language means you can speak with more people and make even more friends! Can you learn to greet somebody in a new language?



We learnt

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We like learning new languages because

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Challenge Three



Discuss what makes a good friend.

What do you think makes a good friend? Have a class discussion about what qualities you think are important. We'd love to hear your thoughts.



A good friend is

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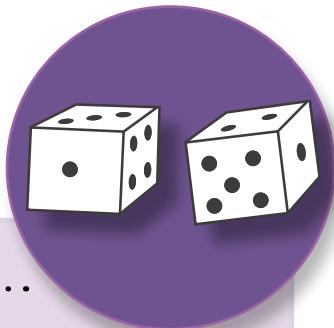
Remember, friendships are important - they help us feel happy, secure and confident. Healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. You can be friends with lots of different people and include many people in your friendship groups.

Challenge Four

Play a fun game together!



Take some time as a class to have fun and enjoy each other's company.



We played

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We felt

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Extra challenge – can you tell us about any other games you enjoy playing in your class?

Our favourite games are

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Challenge Five

Do something kind for another class in your school!



Can you think of a kind act they would appreciate?

What did you do?

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How did you feel?

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Challenge Six

Design a banner to celebrate the friendship in your class!

Your banner should represent everybody and show how everybody is included and valued in your class.

If you can send us a picture, we'd love to see it!



Challenge Seven

How would you use a Buddy Bench?



One of the prizes you could win is a Buddy Bench. How do you think you might use the Buddy Bench in your school? We'd love to hear your thoughts:

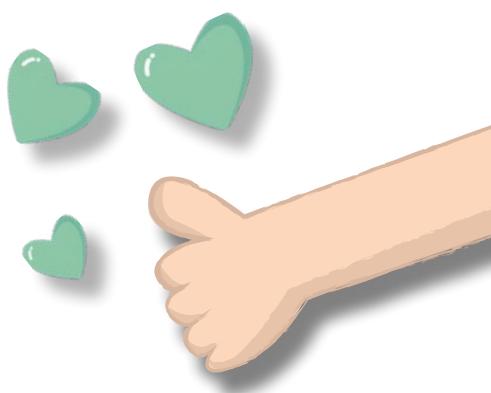


If we had a Buddy Bench,

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Thank you for joining in our Friendship Challenge.

We can't wait to hear about what you have been up to. Remember, although prizes are fun, friendship is the most important prize of all. We hope you have enjoyed celebrating friendship in your class and that you continue to be supportive and kind to each other in your class and your school!



What's Next?

Please send this completed Challenge Sheet to:

52 Lives – School of Kindness, PO Box 3154 Reading, RG1 9AT

Email: schools@52-lives.org

Deadline: To be included in our prize draw, we must receive your completed sheet by Friday 18th June 2021.

Prizes...

We will select one winning class, who will receive this amazing Buddy Bench from NBB Recycled Furniture for their school, plus some small prizes for each of the children in the class. Made from 100% recycled materials and guaranteed to be maintenance-free for 25 years, the Buddy Bench was designed to address loneliness and foster friendships at playtime.

We will also choose two runners up to receive some games and books for their class. Entries will be judged by 52 Lives CEO, Jaime, and Director of Kindness, Greig.

The challenge is open to schools in the UK. Only one entry per class may be submitted. To be in the draw to win one of the prizes, please ensure you complete the details below.



Contact Details... (to be completed by the teacher)

These details will only be used to send prizes, unless you indicate below that you would like to subscribe to our newsletter or join our Kids' Kindness Club.

Name of Teacher

Name of School

Postal address

Email address

Telephone number **Year Group**

- I am interested in joining the free Kids' Kindness Club (we will send you details of how to join)
- I would like to subscribe to the free School of Kindness monthly email newsletter (you can unsubscribe at any time)
- I confirm the class has completed the activities detailed above. I have read the privacy notice (<https://schoolofkindness.org/privacy-policy>) and consent to the processing of my personal data.

Safeguarding: 52 Lives is committed to safeguarding and promoting the welfare of children. We have a duty to share information that is disclosed to us with other agencies where we have safeguarding concerns, in line with legislation. For our full safeguarding policy, visit: <https://tinyurl.com/y6lhootn>

www.schoolofkindness.org

www.kidskindnessclub.org

52 Lives is a charity registered in England and Wales (1166238)



School Photo / Video consent

Why do we use images / videos / audio? At 52 Lives, we share images / videos to help promote our work in schools.

How will photos / videos be used? Images / video may be published on the 52 Lives website, social media pages, and email newsletter. They may also be used in other ways, such as marketing materials or display materials, or in the media. They will not be used for any other purpose, and we will not identify any children (e.g. by using their name).

Is a photo / video required in order for us to work with the School of Kindness? No.

How long does consent last? Consent continues with no time limit. However, you can withdraw your consent at any time (see below). We cannot usually withdraw images that have already been published in printed or display materials.

Who should give consent? Ideally, we like the head teacher of the school to give their consent, however, where they are not available, their deputy or other senior staff member may give consent.

How are the images / videos stored? They are stored in a password-protected folder and we restrict access to this folder to only those who require it for their work.

How do I withdraw consent? You can withdraw consent at any time by emailing admin@52-lives.org. We may not be able to withdraw photos / videos that have already been published in printed or display materials.

Copyright – The copyright remains with the person who took the photograph / video.

By completing this form, you confirm that you give us permission to take images / videos / audio during our Kindness Workshop in your school (if applicable), and to use any images / videos / audio that you send us. ***During workshops, we will always work with teachers on the day to ensure that we are aware of any children who are not able to be photographed / recorded.***

Your details:

Name		Position	
Name of School			
Telephone			
Email			

Please state here if there are any conditions, or any ways in which you do NOT want us to use photo(s) / videos / audio:

Signed		Date	
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Data protection statement: Other than as specified above, the information that you give us here will only be used to contact you about these photo(s)/audio/video(s). We will not pass the details recorded on this form on to any other organisation without your permission.