

# RECYCLING WEEK CHALLENGE



**20TH - 26TH SEPTEMBER 2021**

Being kind to people creates a better world, but being kind to the planet gives us a world to live on.

Our beautiful planet needs us more than ever, and every one of us, every single day, has the power to make a difference. Recycling Week is a time to focus on what we can to reduce and reuse our waste. This year the theme is to 'Step It Up'...because recycling is one activity that we can all do to be kinder to the planet.

**Complete all 5 challenges and you could win your choice of an eco-toy from a recycled materials range PLUS a buddy bench for your school, donated by the kind people at NBB Recycled Furniture. The buddy bench is made from 100% recycled materials.**

## DAY 1 : BE A WASTE DETECTIVE

Recycling is brilliant – but do you know what's even better? Using less in the first place! Today, have a look around your home or school. Can you see anything that is a 'single use' item (these are things that are used once and thrown away, such as straws, wrapping paper or cling film.) Are there any toys you bought that you haven't really played with? Is there any food in your fridge that has gone bad before you could eat it?

Noticing these things helps us to be aware of what we buy and to cut back on waste. Buying less can also help us to appreciate the things we have, which is not only good for the environment, it's also better for our well-being as well.



Think about using your own scrap paper instead of printing this activity sheet.

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Write down 5 things you saw that were either 'single use' or things you bought but haven't really used.

1. ....
2. ....
3. ....
4. ....
5. ....

## DAY 2: BECOME A RECYCLING EXPERT

Today, we'd like you to test your research skills. Do some digging and see if you can find the answers to these 3 questions:

- a) What percentage of our waste do we recycle in the UK?

.....

- b) How many tonnes of waste ends up in landfill in the UK each year?

.....

- c) What material do we recycle the most?

.....

WHY NOT SHARE WHAT YOU'VE LEARNT WITH  
A FRIEND OR FAMILY MEMBER?



## DAY 3. MAKE A RUBBISH TOY!

Instead of throwing away cardboard boxes or yogurt pots, get creative and make a brand new toy with them. Could you make a robot? Or perhaps a castle? What about a cardboard marble run? Use your imagination and make yourself a rubbish toy! (Feel free to ask a grown up to send us a photo of your finished toy. We'd love to see it).



What did you make?

.....

What materials did you use?

.....

.....

## DAY 4: TAKE ACTION

Now that we know why reducing and reusing is so important, it's time to take action. Think about what you could do to reduce the amount of waste that ends up in landfill. Could you switch to reusable lunchwrap for your sandwiches? Or donate your old toys or clothes to charity instead of throwing them away? Or perhaps start a compost bin in your garden for food waste? What 3 things are YOU going to do to make a difference.

1. ....

.....

2. ....

.....

3. ....

.....





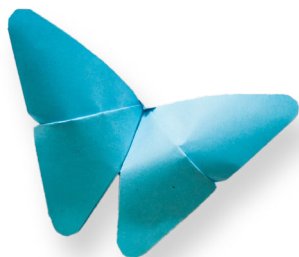
## DAY 5. PLAY

It's your final challenge, so we've made it an extra fun one. Your task today is to play the Recycling Round-Up Game online (courtesy of National Geographic Kids). See how much rubbish you can sort in 2 minutes! If you prefer pencil and paper, you can download our game sheet instead (or draw your own on some scrap paper if you want to be extra green!)

Play the Recycling Round-Up Game here:

<https://kids.nationalgeographic.com/games/action-adventure/article/recycle-roundup-new>

or, have a go at our Recycling Activity Sheet on page 6.



**YOU'VE COMPLETED ALL FIVE CHALLENGES  
- AMAZING! REMEMBER, ALTHOUGH PRIZES  
ARE FUN, HELPING THE PLANET IS THE MOST  
IMPORTANT PRIZE OF ALL.**

## WHAT'S NEXT?

Please send this completed Challenge Sheet to:

**Kids' Kindness Club, PO Box 3154 Reading, RG1 9AT**

**Email: [kidskindnessclub@52-lives.org](mailto:kidskindnessclub@52-lives.org)**

**Deadline:** To be included in our prize draw, we must receive your completed sheet by Friday 1st October 2021.

## PRIZES...

We'll select one winner, who will receive their choice of an eco-toy from a range of toys made from recycled materials PLUS this amazing Buddy Bench from NBB Recycled Furniture for their school. Made from 100% recycled materials and guaranteed to be maintenance-free for 25 years, the Buddy Bench was designed to address loneliness and foster friendships, all while being kind to the planet.

We will also choose two runners up to receive a book token. Entries will be judged by 52 Lives CEO, Jaime, and Director of Kindness, Greig.

While we are happy for all children to take part, only those based in the UK will be eligible to receive the prizes (this is due to logistics). Only one entry per person may be submitted. To be in with a chance of winning one of the prizes, please ensure you complete the details on the next page.



## CONTACT DETAILS... (To be completed by a teacher / parent / guardian)

These details will only be used to send prizes, unless you indicate below that you would like to subscribe to our newsletter or join our Kids' Kindness Club.

Name of Child .....

Name of Teacher .....

Name of School .....

Postal address .....

Email address .....

Telephone number ..... Year Group .....

☐ I am interested in joining the free Kids' Kindness Club (we will send you details of how to join)

☐ I would like to subscribe to the free School of Kindness monthly email newsletter (you can unsubscribe at any time)

☐ I confirm the child has completed the activities detailed above. I have read the privacy notice (<https://schoolofkindness.org/privacy-policy>) and consent to the processing of my personal data.

**Safeguarding:** 52 Lives is committed to safeguarding and promoting the welfare of children. We have a duty to share information that is disclosed to us with other agencies where we have safeguarding concerns, in line with legislation. For our full safeguarding policy, visit: <https://tinyurl.com/y6lhootn>

**[www.schoolofkindness.org](http://www.schoolofkindness.org)**

**[www.kidskindnessclub.org](http://www.kidskindnessclub.org)**

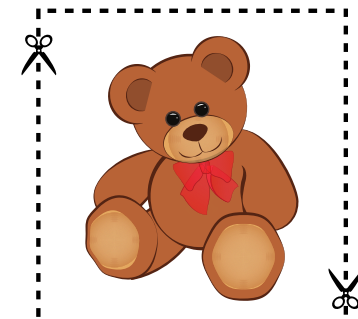
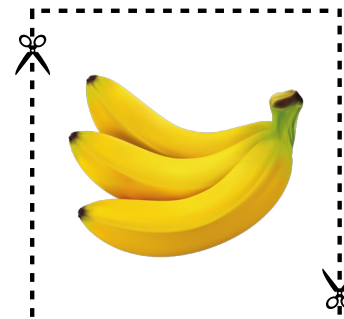
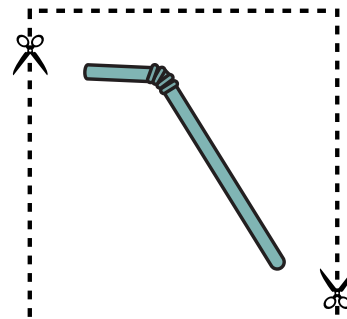
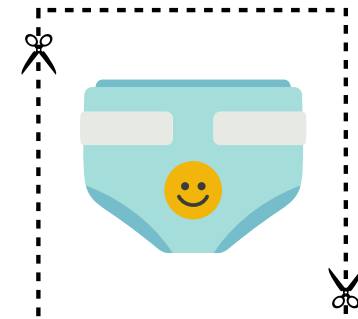
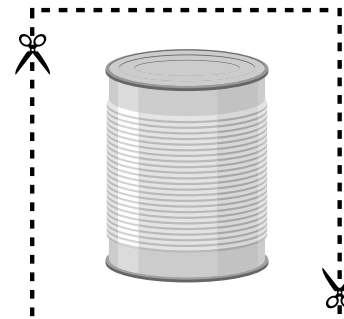
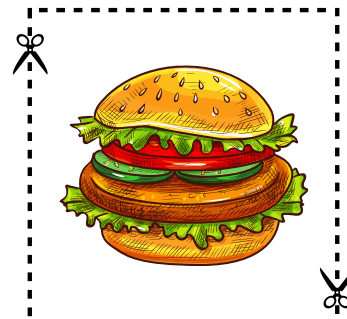
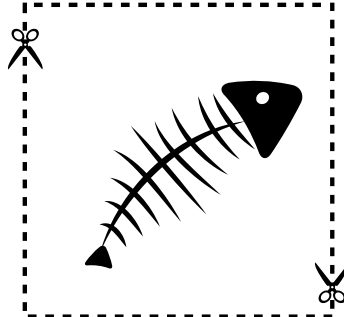
52 Lives is a charity registered in England and Wales (1166238)

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# CAN YOU HELP TO SORT OUT THE RUBBISH?

Cut out the rubbish and put it on top of the correct bin.  
Use our colour key to match the rubbish with the bin it belongs in!



**FOODWASTE = GREEN**



**RECYCLING = BLUE**



**OTHER = RED**

