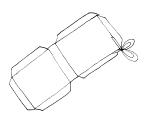




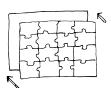
This activity is an advent puzzle, that will help us to remember to be kind throughout the Christmas period.

INSTRUCTIONS:

1. Using an old cereal box, cut out the front and back of the box. (Ask your grown up to help.)



2. Stick the blank, A4 puzzle picture onto the glossy side of one of the pieces of cereal box. The second cereal cut out will be used as the bass to stick the puzzle onto.



3. Once the glue has dried and the picture is properly stuck onto the card, begin to carefully cut out the puzzle pieces.



- 4. Each day, starting on December 1st find the act of kindness for the day.
- 5. Once you have carried out the act of kindness, colour in the puzzle piece and stick to the other piece of card.

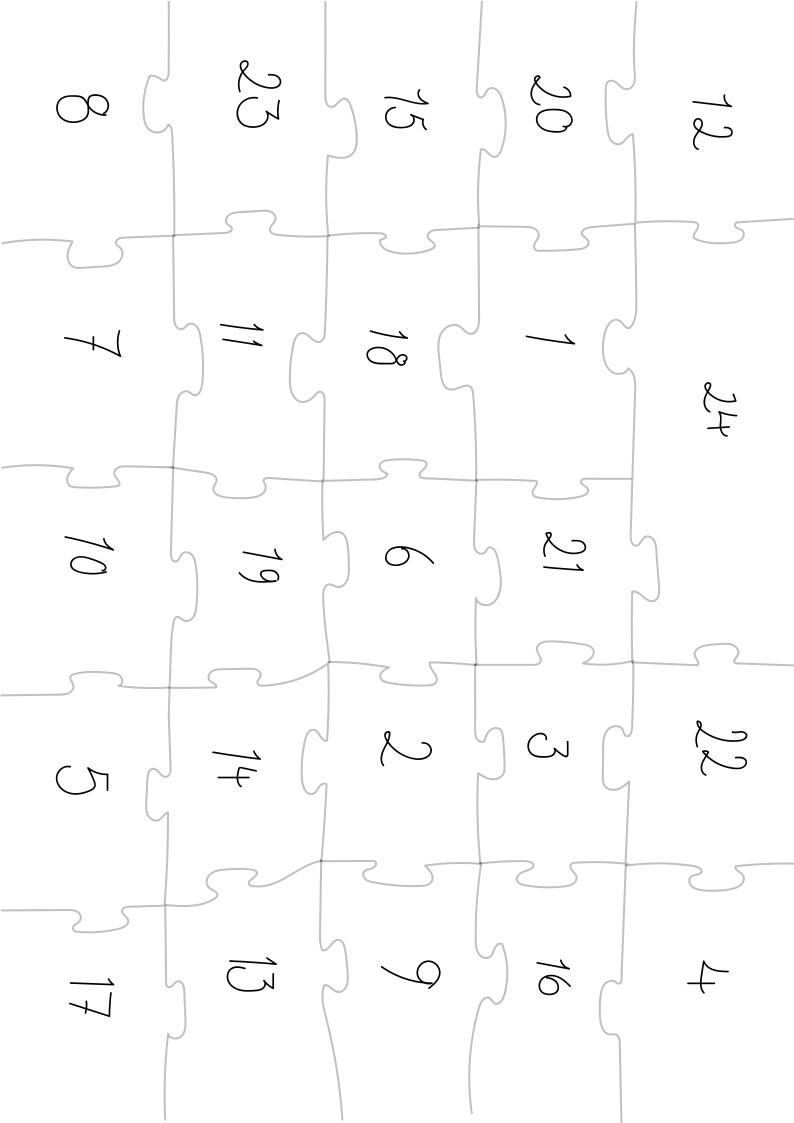


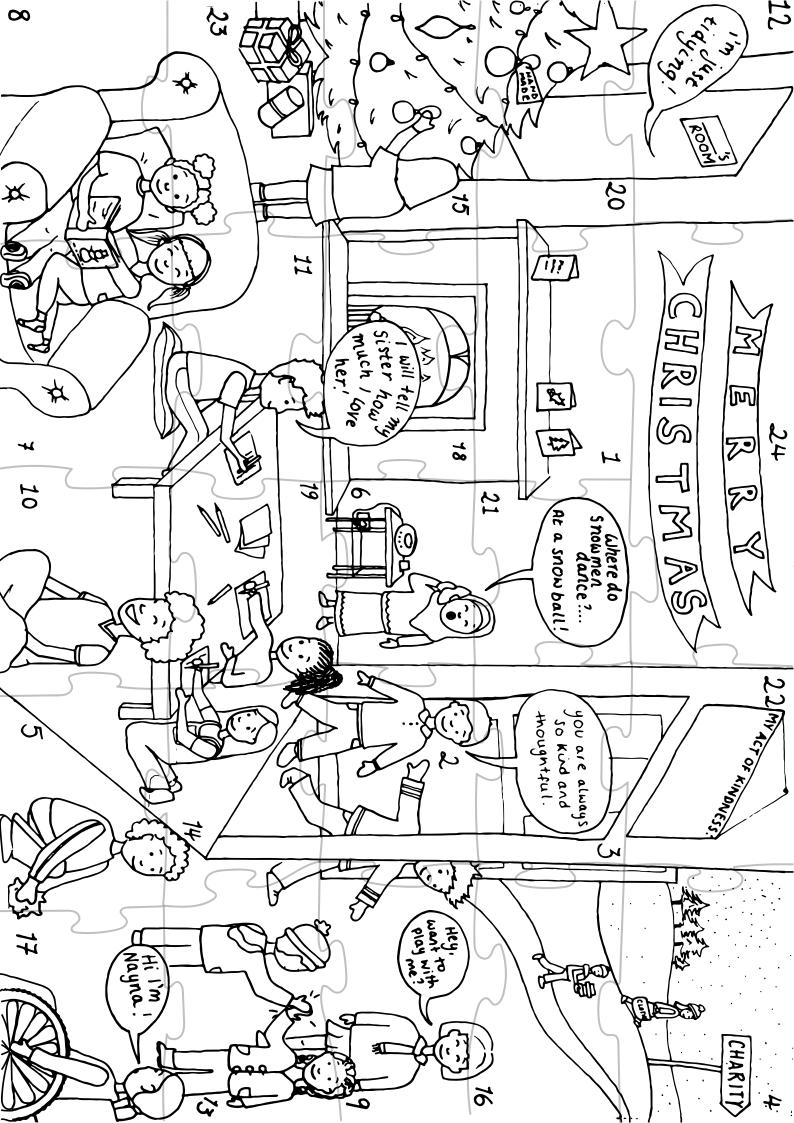
6. Continue this every day until you have a complete puzzle on the 24th December!





- 1ST Make someone a Christmas card.
- 2ND Hold the door open for somebody.
- 3RD Give someone a compliment.
- 4TH Donate some outgrown clothes to a charity shop.
- STH Spend some time out in nature.
- 6TH Phone a friend or family member who is on their own.
- 7TH Give a loved one a hug.
- 8TH Read a book to someone.
- 9TH Invite someone new to play with you in the playground.
- 10TH Smile at as many people as you can – keep a tally!
- LITH Write down 5 things you are grateful for.
- 12TH Tidy your bedroom without being asked.
- 13TH Give high fives to your friend.
- 14TH Write a kind note for your teacher.
- 15TH Help put up Christmas decorations.
- 16TH Donate old books.
- 17TH Leave some breadcrumbs, seeds or water outside for the birds.
- 18TH Tell someone how much you love them.
- 19TH Write a kind letter to Santa.
- 20TH Make a decoration for the tree.
- 21ST Tell a joke.
- 22ND Come up with your own act of kindness – be creative!
- 23RD Give someone a Christmas present – maybe you can make it!
- Say "Merry Christmas" to as many people as you can.







This one is a crafty activity that your whole family can enjoy when it goes up on your Christmas tree! Maybe you can make some for your grandparents or a neighbour?

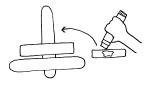
You will need:

- Lollypop sticks
- Glitter/sparkles
- Colouring pens
- Strong glue
- Piece of string
- Scissors

INSTRUCTIONS:

- 1. Take 5 lollypop sticks and cut them to be 5 different sizes, starting with the largest stick, and getting smaller with each stick. (Ask your grown up for help with the cutting.)
- 2. Next stick each of these 5 sticks onto another lollypop stick, with the largest stick being on the bottom, and getting smaller in size to form a tree shape.
- 3. On each of the sticks, write something you are grateful for.
- 4. Decorate the sticks, colouring them in and covering them with Christmas sparkle!
- 5. Finally, form a loop with a piece of string and attach it to the top of the tree decoration. It is now ready to hang!















This activity can be done on your own, as a family, with friends or as a class and will form a lovely Christmas decoration for you to enjoy!

INSTRUCTIONS:

1. Fold an A4 piece of paper into 4 columns (as shown below).



2. Cut the paper into 4 strips. (Ask your grown up for help with the cutting.)



3. Next decorate each strip, writing an act of kindness you have done today OR something you are grateful for.

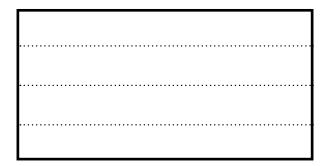


4. Stick the two ends of the strip together using glue, a glue stick or a stapler to form a ring.



5. Repeat the process, looping the rings together to form a chain.





CHRISTMAS KINDNESS WORD-SEARCH

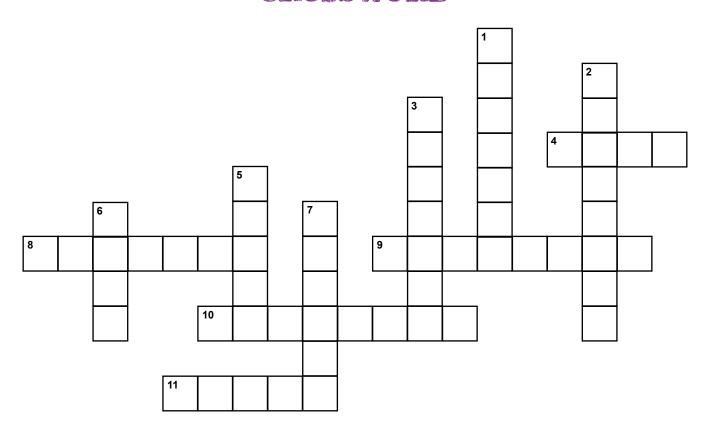
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CAN YOU FIND?

NATIVITY	KINDNESS	MISTLETOE	GIFT
FAMILY	DECEMBER	JOLLY	FOOD
PRESENT	MIRACLE	SPIRIT	STOCKING
FESTIVE	COLD	SANTA	SNOWMAN
MERRY	CARDS	HAPPY	
REJOICE	CHARITY	GREETINGS	



CHRISTMAS KINDNESS CROSSWORD

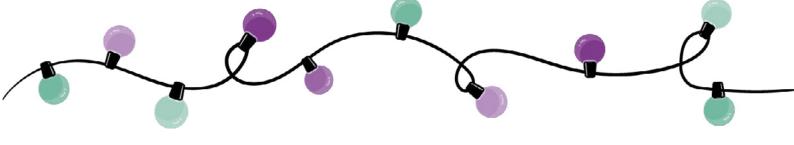


DOWN:

- 1. A feeling or ora around the Christmas period (7)
- 2. Treating people nicely and with respect (8)
- 3. Something given to show affection and appreciation at Christmas (7)
- 5. A jolly man that comes to children's houses to deliver presents (5)
- 6. When the temperature is low (4)
- 7. A group of relatives that live together as a unit (6)

ACROSS:

- 4. A frozen substance that falls from the sky (4)
- 8. A human figure made out of snow (7)
- 9. The month of Christmas (8)
- 10. The birth of Jesus Christ (8)
- 11. Feeling cheerful (6)



CHRISTMAS KINDNESS CODE CRACKER

YFALIM	HARIYTC
ASMTSIRHC	ERBMECDE
OEVL	IGNSTOKC
INAPSPNEHS	ITIRPS
ESESTNRP	JYLOL

WORDS OF KINDNESS NEW YEAR'S RESOLUTION

Content created by Hugh O'Sullivan for 52 Lives

