



The School of Kindness has launched a new initiative for schools to encourage and reward kindness.

WHY?

Kindness helps to strengthen our school communities and research has shown it also has a positive effect on our physical and mental health.

WHAT ARE WE DOING?

Providing printable Kindness Certificates and Nomination Notecards along with this guidance for schools on how they might like to use these items to reward and encourage kindness in their school.



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52 LIVES
SCHOOL OF KINDNESS

GUIDANCE

The Kindness Certificates and Nomination Notecards can download for free from the School of Kindness website [here](#) or by scanning the QR code below.



- 1. Nominations:** Distribute nomination forms to all children and staff and have them freely available around the school. Children and staff can nominate a child or staff member who has done something kind by filling in one of the notecards and pinning it on a School Wall of Kindness – this could be some kind of pin board or dedicated space in the school where people walking past can easily read the nominations (so the kind acts happening around the school are showcased).
- 2. Forming a Kindness Council:** Select a small number of children in the school who will be responsible for reading the nominations and collectively choosing who will receive the Kindness Certificates. You may wish to create a new 'Kindness Council' for this purpose, or give the responsibility to an existing school council.
- 3. Choosing Recipients:** Children and adults can be chosen to receive a Kindness Certificate at a frequency to suit your school – we would suggest either weekly or fortnightly to keep it top of mind for the school community.
- 4. Presenting Certificates:** Present the Kindness Certificates at your regular school assembly, being sure to give a brief explanation about why the person was nominated. Schools may also wish to read out some of the other nominations that were made, to acknowledge and celebrate the kindness that has been happening in the school. This could be done in the assembly, but it may also be something that schools wish to do on a regular basis. For example, teachers may wish to choose a kindness nomination to read to their class at the beginning of a school day, or even at the beginning of a staff meeting to set an uplifting tone and create a sense of community.

KEEP AN EYE OUT FOR OUR MAJOR INTER-SCHOOL KINDNESS AWARDS, LAUNCHING IN NOVEMBER!



DOWNLOAD THE NOMINATION
NOTECARDS & CERTIFICATES



NOMINATION CARDS



CERTIFICATES






 I nominate: _____

because they: _____

 I nominate: _____


because they: _____

 I nominate: _____

because they: _____

 I nominate: _____

because they: _____

 I nominate: _____

because they: _____

 I nominate: _____

because they: _____



I nominate:

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because they:

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I nominate:

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because they:

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I nominate:

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because they:

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I nominate:

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because they:

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OUTSTANDING KINDNESS AWARD

This Award Is Presented To:

For:

Date:



Signature:

J Thurston

Jaime Thurston
CEO, 52 Lives



OUTSTANDING KINDNESS AWARD

This Award Is Presented To:

For:

Date:



Signature:

J Thurston

Jaime Thurston
CEO, 52 Lives

