

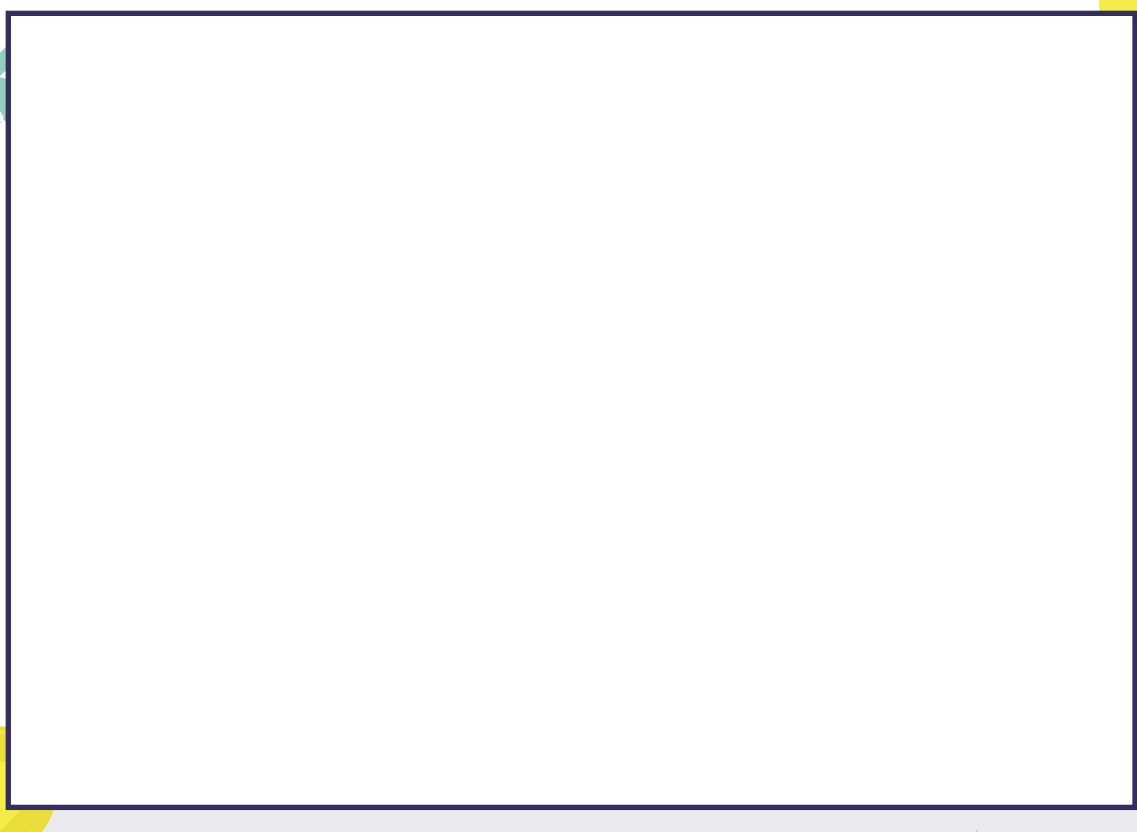
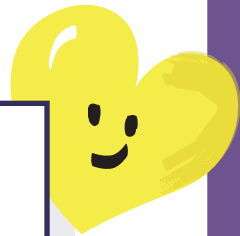


Kindness is a superpower. It not only helps other people, but also makes our own minds and bodies healthier too! There are lots of different ways to be kind...and we'd love to spread the word. Working with the Happy Newspaper, we are creating a set of 'Ways to Be Kind' Postcards. But we need your help!



We would love for you to design a postcard in the space below. Just think of a way to be kind, write it on your postcard and illustrate it as creatively as you can!

We will choose 10 designs to be included in a 'Ways to be Kind' postcard set that will be for sale in the Happy Newspaper shop! All profits from the postcard set will be donated to the 52 Lives charity. Each of the winning entries will also receive their very own postcard set!





## PRIZES...

10 designs will be chosen to be included in a postcard set which will be for sale in The Happy Newspaper shop! The postcards will raise funds for the 52 Lives charity. If your design is chosen, you will receive your very own postcard set. The challenge is open to primary school-aged children.

## WHAT'S NEXT?

If you're doing this activity for school, give your completed challenge sheet to your teacher. Otherwise, ask a grown up to post or email it to us (don't forget to include the contact details sheet!)

**52 Lives – School of Kindness, PO Box 3154 Reading, RG1 9AT**  
Email: [kidkindnessclub@52-lives.org](mailto:kidkindnessclub@52-lives.org)

**Deadline:** To be included in our prize draw, we must receive your completed sheet and contact details form by **31st May 2024**.

## CONTACT DETAILS... (TO BE COMPLETED BY CHILD'S PARENT / GUARDIAN OR TEACHER)

These details will only be used to send prizes, unless you indicate below that you would like to subscribe to our newsletter or join our Kids' Kindness Club.

Name of Teacher / Parent / Guardian .....

Name of School .....

Postal Address .....

Email Address .....

Telephone Number .....

- I am interested in joining the free Kids' Kindness Club (we will send you details of how to join)
- I would like to subscribe to the free School of Kindness monthly email newsletter (you can unsubscribe at any time)
- I confirm the child has completed the activities detailed above. I have read the privacy notice (<https://schoolofkindness.org/privacy-policy>) and consent to the processing of my personal data.

Safeguarding: 52 Lives is committed to safeguarding and promoting the welfare of children. We have a duty to share information that is disclosed to us with other agencies where we have safeguarding concerns, in line with legislation. For our full safeguarding policy, visit: <https://tinyurl.com/y6lhootn>

**[www.schoolofkindness.org](http://www.schoolofkindness.org)**  
**[www.kidkindnessclub.org](http://www.kidkindnessclub.org)**

52 Lives is a charity registered in England and Wales (1166238)

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