



# KINDNESS BUTTERFLY EFFECT



OUR LITTLE ACTS OF KINDNESS CAN MAKE A BIG DIFFERENCE -  
ONE SMALL ACTION CAN LEAD TO ANOTHER, CREATING A CHAIN OF HAPPINESS!

E.G. LETTING SOMEONE GO FIRST IN A GAME → THEY FEEL INCLUDED → THEY INVITE ANOTHER CHILD TO PLAY

Can you think of some more examples starting with one small kind action?

Two rows of writing practice. Each row starts with a butterfly illustration and a double quote. The first row shows a butterfly with a heart on its wing. The second row shows a butterfly with a heart on its wing and a small heart on its body. Each row has two arrows pointing to wavy lines for writing.

## KEEP BLOOMING!

WE CAN MEET OUR GOALS BY TAKING SMALL, POSITIVE ACTIONS TOO!  
WHAT ARE 3 POSITIVE CHANGES OR HABITS YOU'D LIKE TO NURTURE THIS SPRING?  
WRITE THEM IN THE SPACES BELOW.

Three large flower illustrations with smiling faces, numbered 1, 2, and 3 from left to right. The flowers are simple line drawings with multiple petals and a single stem with a leaf.