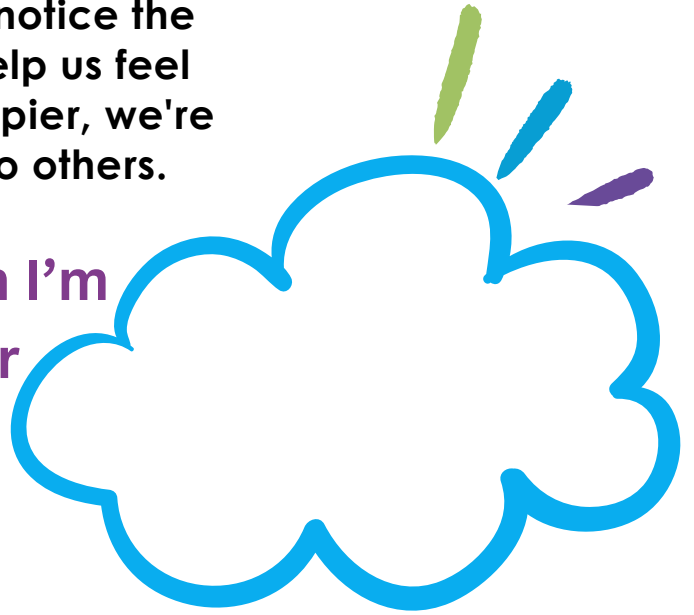




THE POWER OF GRATITUDE!

Did you know? Taking time to notice the good things in our lives can help us feel happier. And when we feel happier, we're often more likely to be kind to others.

1. A person I'm thankful for



2. Something I enjoy



3. Something I'm thankful for about today



I notice good things



I feel happier



I am kinder



Other people feel happier too!

